# Central Office Intergroup Office Representative (COR) Monthly Meeting - 4/14/2024 at 8:45am via Zoom https://zoom.us/j/95801240779

# **Board and Staff attending**

Present	Name	Position
X	Dick B	Board Chair
Χ	Jon K	Board Vice-Chair
	Debbie P	Board Secretary
Χ	Susan L	Board Treasurer
Χ	Lori O	Board Literature Chair
	Matt K	Board Communications Chair
Χ	Jim D	Board Member-At-Large
	Jon O	Central Office Manager
	Open	Volunteer Coordinator (Position needs to be filled ASAP)
	Keri S	Newsletter Editor
	Judy G	Web-servant
	Jim D	Convention

# **COR Members attending**

Present	<i>Name</i> Anna P	<b>Group/Meeting</b> Mesa Group
	Allison D	Sense of Belonging
Χ	Paul L	Sunday Evening RAP Group, SLO
	Juliana E	Sat Women's Group
X	Katie R	Pioneer Group
	Kim S	Serenity Group
	Linda W	Home Girls BB, LO Women's
	Amy S	Fredericks Fellowship Friday Speaker
Χ	Lori O	Tues Living the Steps
Χ	Vanessa S	ABC Group, Paso Robles
	Paul O	Avila Beach Group
	Bob R	Early Risers
Χ	Shelly B	Cambria Women's Big Book
Χ	Wayne N	5 Cities Group
	Hilario C	Morro Bay Morning Fantastic
X	Hana E	Sat Morning Women's Morro Bay
Χ	Susan L	Harbor Lites, Morro Bay

Meeting called to order with the Serenity Prayer at 8:48 am

**Tradition Four** Each group should be autonomous except in matters effecting other groups or AA as a whole.

March AA Birthdays - No Birthdays

#### **BOARD REPORTS**

Chairperson: Dick B

- CCCOI seeks a Volunteer Coordinator. Chair of Board Dick B. is still subbing.
   Brief job description: Please let your meeting members know.
   Schedule and maintain our volunteer coverage during office hours: Mon-Fri. noon 6pm; and Sat. 1 4pm. The Volunteer Coordinator works mostly from home and occasionally in-office to train and help volunteers as needed. Communication skills are important to have.
- The Central Office NEEDS volunteers, 3 hours/day, twice a month. The job entails answering the phone and selling AA books and literature.
- Dick asked COR to let their Literature people know to always call the office in advance of visiting to buy literature at 805-541-3211 to be sure a volunteer is there to help.

#### Vice-Chair: Jon K

- Jon provided the GSR contact for its monthly Zoom meeting at 10:15am following the COR meeting: 882 792 580 44 with password in all caps-D22GSR.
- GSR meeting had 14 GSR's in attendance
- The finances are holding steady with positive cash flow.
- Terrific reviews still coming in about the recent PRAASA conference in SF from GSR Jeff who attended. He noted he saw numerous from SLO County too.
- Area 93 is having their Area Assembly in Morro Bay on 5/19/24. Volunteers NEEDED.
- Area 93 rep Rudy attended to gather information for NY conference from D22 with regards to a specific inquiry: How are we handling costs to update technical equipment and modernize operations to stay current with new tech efficiencies and interfacing?
- Bonnie N. was elected Area 93 GV rep as Christine stepped down. Now D22 has an open GV position to fill.
- SLOPPYA is planning a camp-out in August at the Morro Strand campground. More details coming soon.

## **Secretary**: Debbie P (not present)

- Dick oversaw approval of Minutes from last meeting. There were no questions.
- Jim made a motion to accept the minutes and Lori 2<sup>nd</sup>, all approved

#### Treasurer: Susan L

- Cash in for March \$2,683.45; includes donations and book sales.
- Checkbook balance \$26,066.75; Prudent reserve \$16,696.01, which is invested in CD's.
- Profit and Loss net income YTD: (-\$677.82)
- Group contributions YTD are \$4,626.70, which is a few thousand dollars less than last year.
- Jon made a motion to approve the treasurers report, Lori 2<sup>nd</sup> Approved.

#### Literature: Lori O

• Lori stated Big Books are well stocked and the large order of Spanish literature arrived and so the literature inventory is set and ready to sell.

Any special book orders needed by groups can contact her directly.

#### **Communication**: Matt K (not present)

- Dick stated Matt is doing a terrific job working on the monthly phone schedule to ensure our Hotline calls are answered 24/7.
- Matt continues to work with our web service company while the online platform is being updated. His tech skills are proving essential during this process.

#### Member at Large: Jim D

- Volunteers for Hospitals and Institutions are desperately needed. Lots of attrition as a
  result of Covid and aging-out, and the rolls need to be replenished. Service visits are reduced
  if there are no volunteers. He is hoping COR members will talk it up at meetings. Ray Rocca
  and Mary Bettencourt coordinate meeting in men's and women's prisons. Jim D. can put you
  in touch. A worthy cause.
- H & I Meeting is the 3<sup>rd</sup> Tuesday of the month at 6:30pm at the Alano Club in SLO

#### STAFF REPORTS

Office Manager: Jon O (not present)
Newsletter Editor – Keri S (not present)
Web-servant – Judy G (not present)
Volunteer Coordinator: Open

#### Convention Liaison: Jim D

- Jim reminded us the Convention planning meeting is the 2<sup>nd</sup> Sunday at 12:00 at Melody inperson. The Convention will be held 8/23-8/25 at the SLO Vets Hall.
- Event volunteers still needed in advance and during the weekend.

#### **COR Member REPORTS**

#### Vanessa, ABC Group, Paso Robles

- Finances continue to be a bit of an issue and the group was in the red this month due to an insurance payment.
- Plans in progress for the annual summer Barbecue is scheduled for July 13 from 11-3pm at Sherwood Park. Bring chairs and shade!
- Vanessa posted the event onto the CCCOI website during the Zoom call and told other COR members "how-to" so their events could be seen county-wide.
- Go to our website: https://www.sloaa.org
  - Go to "News and Events" in the header at top of face page.
  - Open the drop-down list to "Add an Event"
  - Fill it out and click "Submit"

#### Shelly B, Big Book Women's, Cambria

Reported she has not been well for a few weeks and so unable to attend the meeting herself.
 Overall, the meeting continues to have low attendance but the group is committed to continuing.

#### Lori O, Living in The Steps, Zoom

 Reported the meeting is maintaining good attendance and just had 2 newcomers start attending.

### Paul L, Sunday Rap Group, Hybrid, SLO

 Reported this meeting to be going strong and well attended with around 15 people regularly going.

#### Katie, Pioneer Group, SLO

- Reported the meeting at the Alano Club is going steady.
- Was very interested in getting the groups events loaded onto the SLOAA website.

## Hana E, Saturday Morning Women's Meeting, Morro Bay

- Reported she'd been away so did not have a lot to report other than the morning meeting is doing really well and well attended. They have a full house weekly.
- Noted the meeting held a group conscious and will start to implement a timer for each share.

#### Wayne D, Five Cities Group

- Wayne has returned to the COR position for his group.
- He committed to start back as a volunteer at the CCCOI office beginning in early June.
   THANKS WAYNE!
- Reported the meeting is doing well and attended by people from around the world including Ireland.
- It's a hybrid with approximately 25% in-person and 75% on Zoom.
- The. Group is planning two events to include a Campout at San Simeon and a Roller Skate Party with more details coming on both.

#### Susan L, Harbor Lites, Morro Bay - New COR member

- Harbor Lites is made up of 9 weekly meetings: M-Sat at noon for 90 minutes and Tuesday, Thursday and Friday nights at 5:30 for one hour. Take place In the Odd Fellows Club, 710 Harbor St, Morro Bay. All HL meetings in-person and well-attended.
- Next COR meeting May 12, 2024, at 8:45am <a href="https://zoom.us/j/95801240779">https://zoom.us/j/95801240779</a>
- The meeting was adjourned at 9:35am.
- Closed with the AA Responsibility Pledge "I am responsible, when anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible".

Respectfully Submitted, Susan L. (subbing for Debbie P) Treasurer

## ~Contact Numbers and Links to Share with Your Groups ~

Central Coast Central Office Intergroup (C.C.C.O.I.), Area 93 – District 22

Office located at: 1333 Van Beurden Dr., Suite 102, Los Osos, CA 93402

Mailing address: PO Box 6819, Los Osos, CA 93412-6819

Phone: 805-541-3211 Web: www.sloaa.org

#### To Contribute to the Central Office

Venmo account is: @slocentraloffice

- For Group donations, please include the group name, town, and group ID number if available, and a contact number, so we can easily reach you should our office volunteers have questions.
- For Birthday and Personal contributions, please include contact information in a note with the check. We want to send you a receipt and a thank you!
- Central Coast Intergroup Website includes both Zoom online AA meetings and In-Person meetings: <a href="https://www.sloaa.org/">https://www.sloaa.org/</a>
- Literature Sales: CCCOI is open for literature sales from 12 Noon to 6pm weekdays and 1pm to 4pm on Saturday. See the literature page on the website for current stock and prices at <a href="https://www.sloaa.org/aa-literature/">https://www.sloaa.org/aa-literature/</a>
- Nameless Newsletter <a href="https://www.sloaa.org/resources/nameless-newsletter/">https://www.sloaa.org/resources/nameless-newsletter/</a>
- SERVICE SUNDAY Second Sunday of each month:
  - COR MONTHLY MEETING
    - Time: 8:45am
    - Link: https://zoom.us/j/95801240779
    - Meeting ID: 958 0124 0779Password: No Password
  - **DISTRICT 22 COMMITTEE** (GSR Meetings)
    - Time: 10:15am
    - Link: <a href="https://us02web.zoom.us/j/89303926186?pwd=TII3OHdGNWIIZXhvM">https://us02web.zoom.us/j/89303926186?pwd=TII3OHdGNWIIZXhvM</a>
       2RQM0FiR2dLUT09
    - Meeting ID: 882 792 580 44
    - Password: D22GSR
    - In-person at the SLO Alano Club, 3075 Broad St., SLO, 93401

#### DISTRICT 22 CONVENTION PLANNING

• Time: 12 Noon. This is an in-person meeting only at the Melody Group 265 South St., Suite F, San Luis Obispo, 93401