

SAN LUIS OBISPO COUNTY, CA  
CENTRAL COAST CENTRAL OFFICE INTERGROUP



AREA 93 DISTRICT 22  
ALCOHOLICS ANONYMOUS



***DIRECTORY OF In Person MEETINGS as of  
July 25, 2024***

Alcoholics Anonymous is a fellowship of people who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

There are no dues or fees for A.A. membership. We are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

**Central Coast Central Office  
Intergroup (CCCOI)**  
1333 Van Beurden Drive  
Los Osos, CA 93402

**Website:**  
<https://www.sloaa.org>

Mailing Address:  
PO Box 6819  
Los Osos, CA 93412-6819



**ABBREVIATIONS**

C ..... Closed: ALCOHOLICS ONLY  
CH..... Church  
HY..... Hybrid Meeting  
IP ..... In Person Meeting  
LGBTQ+..... Lesbian, Gay, Bisexual, Trans, Queer, +  
M..... Men's Meeting  
O..... Open: All welcome  
SP..... Spanish Speaking  
SPKR..... Speaker Meeting  
W ..... Women's Meeting  
WA..... Wheelchair Access

**CCCOI HOTLINE: (805) 541-3211**

**NOTE:** For the most current meeting schedule Use the QR code above to access the full Meeting Listing online. At the top of the listing are 2 buttons, one of which produces a hardcopy of the In Person Meetings on a personal printer.

**Arroyo Grande**

|          |     |                                |                         |                   |                  |
|----------|-----|--------------------------------|-------------------------|-------------------|------------------|
| 7:00 AM  | Sun | Big Book Study                 | 5 Cities Group          | 781 Calle Bendita | HY,1hr           |
| 7:00 AM  | Sun | Mesa Literature Study          | Mesa Group              | 564 Mesa View Dr  | IP,1hr           |
| 8:30 AM  | Sun | Men's Stag                     | 5 Cities Group          | 781 Calle Bendita | IP,1hr, M        |
| 8:30 AM  | Sun | Men's Stag                     | Mesa Group              | 564 Mesa View Dr  | IP,1hr, M        |
| 12:00 PM | Sun | Newcomers Q&A                  | 5 Cities Group          | 781 Calle Bendita | HY,1hr           |
| 7:00 AM  | Mon | 5 Cities Group                 | 5 Cities Group          | 781 Calle Bendita | HY,1hr           |
| 7:00 AM  | Mon | Big Book Study                 | Mesa Group              | 564 Mesa View Dr  | IP,1hr           |
| 12:00 PM | Mon | Daily Reflections              | 5 Cities Group          | 781 Calle Bendita | HY,1hr           |
| 12:00 PM | Mon | Daily Reflections              | Mesa Group              | 564 Mesa View Dr  | IP,1hr           |
| 5:30 PM  | Mon | Topic Meeting                  | 5 Cities Group          | 781 Calle Bendita | HY,1hr           |
| 5:30 PM  | Mon | Mesa Group Women's 12x12       | Mesa Group              | 564 Mesa View Dr  | IP,W,1hr,WA      |
| 7:00 PM  | Mon | Men's Stag LTL w/Alcoholism    | Mesa Group              | 564 Mesa View Dr  | IP,1hr,M         |
| 7:00 AM  | Tue | Stick Meeting                  | 5 Cities Group          | 781 Calle Bendita | HY,1hr           |
| 12:00 PM | Tue | Open Discussion                | 5 Cities Group          | 781 Calle Bendita | HY,1hr           |
| 12:00 PM | Tue | Stick Meeting                  | Mesa Group              | 564 Mesa View Dr  | IP,1hr           |
| 12:00 PM | Tue | Women's Big Book Study         | St. Barnabas' Episcopal | 301 Trinity Ave   | IP,1hr,W,Ch      |
| 5:30 PM  | Tue | 5 Cities Group                 | 5 Cities Group          | 781 Calle Bendita | IP,1hr           |
| 6:00 PM  | Tue | Valley Road Step Study         | St Johns Lutheran       | 959 Valley Rd     | IP,1hr,Ch        |
| 7:00 PM  | Tue | Men's Stag                     | Mesa Group              | 564 Mesa View Dr  | IP,90min, M, C   |
| 7:00 AM  | Wed | 5 Cities Group                 | 5 Cities Group          | 781 Calle Bendita | HY,1hr           |
| 7:00 AM  | Wed | Mesa Group - 12 x 12           | Mesa Group              | 564 Mesa View Dr  | IP,1hr           |
| 12:00 PM | Wed | Big Book study/Topic meeting   | 5 Cities Group          | 781 Calle Bendita | IP,1hr           |
| 12:00 PM | Wed | Big Book Study                 | Mesa Group              | 564 Mesa View Dr  | IP,1hr           |
| 5:30 PM  | Wed | 5 Cities Group                 | 5 Cities Group          | 781 Calle Bendita | HY,1hr           |
| 5:30 PM  | Wed | Daily Reflections              | Mesa Group              | 564 Mesa View Dr  | IP,1hr           |
| 7:00 PM  | Wed | Back to the 40's               | 5 Cities Group          | 781 Calle Bendita | HY,1hr           |
| 7:00 AM  | Thu | 5 Cities Group                 | 5 Cities Group          | 781 Calle Bendita | HY,1hr           |
| 12:00 PM | Thu | As Bill Sees It                | 5 Cities Group          | 781 Calle Bendita | HY,1hr           |
| 12:00 PM | Thu | Mesa Group                     | Mesa Group              | 564 Mesa View Dr  | IP,1hr           |
| 5:30 PM  | Thu | Thursday Women's Meeting       | 5 Cities Group          | 781 Calle Bendita | HY,1hr           |
| 5:30 PM  | Thu | Big Book Study                 | Mesa Group              | 564 Mesa View Dr  | IP,1hr,BB        |
| 7:00 PM  | Thu | LGBTQ Last Thursday Speaker    | 5 Cities Group          | 781 Calle Bendita | HY,LGBTQ+,SPKR   |
| 7:00 PM  | Thu | Women's Big Book Study         | Mesa Group              | 564 Mesa View Dr  | IP,1hr, W,C      |
| 7:00 AM  | Fri | Chip Meeting                   | 5 Cities Group          | 781 Calle Bendita | HY,1hr           |
| 12:00 PM | Fri | Leader Shares & Chip Meeting   | Mesa Group              | 564 Mesa View Dr  | IP,1hr           |
| 12:00 PM | Fri | Chip Meeting                   | Mesa Group              | 564 Mesa View Dr  | IP,1hr           |
| 5:30 PM  | Fri | 5 Cities Speaker (2nd Friday)  | 5 Cities Group          | 781 Calle Bendita | HY,150min        |
| 7:00 PM  | Fri | Birthday Meeting (Last Friday) | 5 Cities Group          | 781 Calle Bendita | IP,90min,SPKR    |
| 7:00 PM  | Fri | 12 x 12 Book Study             | 5 Cities Group          | 781 Calle Bendita | HY,1hr           |
| 7:00 AM  | Sat | 5 Cities Group                 | 5 Cities Group          | 781 Calle Bendita | HY,1hr           |
| 12:00 PM | Sat | 12x12 Study                    | 5 Cities Group          | 781 Calle Bendita | HY,1hr           |
| 3:00 PM  | Sat | As We See, As Bill Sees It     | Mesa Group              | 564 Mesa View Dr  | IP,1hr           |
| 7:00 PM  | Sat | Mesa Birthday (Last Sat)       | Mesa Group              | 564 Mesa View Dr  | IP,90min         |
| 7:00 PM  | Sat | Mesa SPKR/Potluck (2nd Sat)    | Mesa Group              | 564 Mesa View Dr  | IP,SPKR          |
| 8:00 PM  | Sat | S. County Speaker (1st Sat)    | St John's Lutheran      | 959 Valley Rd     | IP,90min,SPKR,Ch |

**Atascadero**

|          |     |                             |                          |                     |                 |
|----------|-----|-----------------------------|--------------------------|---------------------|-----------------|
| 10:00 AM | Sun | Sun AM Coming Down          | Atascadero Home          | 8600 Atascadero Ave | IP,1hr          |
| 10:00 AM | Sun | Serenity Sisters            | Atascadero Senior Center | 5905 E Mall         | IP,1hr, W       |
| 6:00 PM  | Sun | Atascadero Speaker Mtg      | Atascadero Home          | 8600 Atascadero Ave | IP,1hr,SPKR     |
| 7:00 AM  | Mon | Attitude Adjustment         | Atascadero Home          | 8600 Atascadero Ave | IP,1hr          |
| 12:00 PM | Mon | Miracles of Recovery        | Atascadero Community     | 5850 Rosario Ave    | IP,1hr,Ch       |
| 5:30 PM  | Mon | Monday Nite Group           | Atascadero Grange Hall   | 5035 Palma Ave      | IP,1hr,WA       |
| 6:00 PM  | Mon | Atascadero 12x12 Step Study | VFW # 2814               | 9555 Morro Rd       | IP,90min,M,C,WA |
| 6:00 PM  | Mon | Mens Big Book/12x12 Study   | VFW # 2814               | 9555 Morro Rd       | IP,90min,M,C    |
| 8:15 PM  | Mon | Ghost Town                  | Atascadero Home          | 8600 Atascadero Ave | IP,1hr,YP       |

**Atascadero (continued)**

|          |     |                                |                        |                      |                  |
|----------|-----|--------------------------------|------------------------|----------------------|------------------|
| 6:55 AM  | Tue | Life After - Book Study        | Atascadero Home        | 8600 Atascadero Ave  | IP,1hr           |
| 5:30 PM  | Tue | Surrender To Win               | St. Luke's Episcopal   | 5318 Palma Ave       | IP,75min,YP,WA,C |
| 5:30 PM  | Tue | Atascadero Start Right Too     | ABC Church             | 6225 Atascadero Ave  | IP,1hr,C,Ch      |
| 7:00 PM  | Tue | End of the Line                | Atascadero Grange Hall | 5035 Palma Ave       | IP,1hr,M         |
| 8:00 PM  | Tue | Step Sisters Step Study        | Atascadero Home        | 8600 Atascadero Ave  | IP,1hr,W,C       |
| 7:00 AM  | Wed | On Awakening                   | Atascadero Home        | 8600 Atascadero Ave  | IP,1hr           |
| 12:00 PM | Wed | Miracles of Recovery           | Atascadero Community   | 5850 Rosario Ave     | IP,1hr,Ch        |
| 7:00 PM  | Wed | Anonymous #3                   | Atascadero Community   | 5850 Rosario Ave     | IP,1hr,Ch        |
| 6:55 AM  | Thu | Start Right Group              | Atascadero Bible       | 6225 Atascadero Mall | IP,1hr,C,Ch      |
| 5:30 PM  | Thu | Freedom Sisters Daily Reflect  | Atascadero Home        | 8600 Atascadero Ave  | IP,1hr, W        |
| 7:00 PM  | Thu | Study Group                    | Atascadero Methodist   | 11605 El Camino Real | IP,1hr, Ch       |
| 7:00 PM  | Thu | Night School for Living (Mens) | Atascadero Community   | 5850 Rosario Ave     | IP,90min,M,Ch    |
| 7:00 AM  | Fri | Early Birds Book Study         | Atascadero Home        | 8600 Atascadero Ave  | IP,1hr           |
| 12:00 PM | Fri | Miracles of Recovery           | Atascadero Community   | 5850 Rosario Ave     | IP,1hr,Ch        |
| 5:30 PM  | Fri | The Trudging Herd              | Atascadero Methodist   | 11605 El Camino Real | IP,1hr,Ch        |
| 7:00 PM  | Fri | Friday Night Group             | Dove Creek Church      | 9333 Snta Barbara Rd | IP,1hr,Ch        |
| 7:30 AM  | Sat | Sat. Morning-Women             | Atascadero Bible       | 6225 Atascadero Mall | IP,1hr,W,Ch      |
| 10:00 AM | Sat | No Nonsense Group              | Atascadero Home        | 8600 Atascadero Ave  | IP,90min, M.C    |
| 10:00 AM | Sat | Stand and Deliver              | Dove Creek Church      | 9333 Snta Barbara Rd | IP,1hr, M.C,Ch   |
| 12:00 PM | Sat | Dynamite Group                 | Atascadero Methodist   | 11605 El Camino Real | IP,1hr,Ch        |
| 6:00 PM  | Sat | All Welcome Group              | Dove Creek Church      | 9333 Snta Barbara Rd | IP,1hr,Ch        |

**Avila Beach**

|         |     |                      |                   |                   |        |
|---------|-----|----------------------|-------------------|-------------------|--------|
| 7:00 PM | Sun | 11th Step Meditation | Avila Beach Group | 191 San Miguel St | IP,1hr |
| 7:00 PM | Wed | Big Book Study       | Avila Beach Group | 191 San Miguel St | IP,1hr |
| 7:00 PM | Thu | Avila Beach 12x12    | Avila Beach Group | 191 San Miguel St | IP,    |
| 9:00 AM | Sat | Daily Reflections    | Avila Beach Group | 191 San Miguel St | IP,1hr |

**Cambria**

|          |     |                                |                     |               |                  |
|----------|-----|--------------------------------|---------------------|---------------|------------------|
| 8:30 AM  | Sun | Slabtown Stag                  | Cambria Connection  | 1069 Main St  | HY,1hr           |
| 12:00 PM | Mon | Grapevine                      | Cambria Connection  | 1069 Main St  | IP,1hr           |
| 6:00 PM  | Mon | Pine Cellar Group Big Book     | Cambria Connection  | 1069 Main St  | HY,1hr           |
| 7:00 AM  | Tue | Morning Reflection             | Cambria Connection  | 1069 Main St. | HY,1hr           |
| 6:00 PM  | Tue | Attitude Adjustment            | Cambria Connection  | 1069 Main St  | HY,1hr           |
| 12:00 PM | Wed | As Bill Sees It                | Cambria Connection  | 1069 Main St  | IP,1hr.C         |
| 12:00 PM | Wed | As Bill Sees It (Women)        | St.Paul's Episcopal | 2700 Eton Rd  | IP,1hr, W,C,Ch   |
| 6:00 PM  | Thu | Attitude Adjustment            | Cambria Connection  | 1069 Main St  | HY,1hr           |
| 7:00 AM  | Fri | Morning Reflection             | Cambria Connection  | 1069 Main St. | HY,1hr           |
| 7:30 PM  | Fri | Fri Night Candlelight & Dinner | Cambria Connection  | 1069 Main St  | HY,90min         |
| 8:30 AM  | Sat | Good Stuff West                | Cambria Connection  | 1069 Main St  | HY,1hr,C         |
| 9:30 AM  | Sat | Cambria Saturday Book Study    | St.Paul's Episcopal | 2700 Eton Rd  | IP,1 hr,O,Ch     |
| 10:30 AM | Sat | Back To Basics                 | Cambria Vineyard    | 1617 Main St  | HY,1hr,Ch        |
| 7:00 PM  | Sat | Speaker Meeting (4th Sat)      | Santa Rosa Catholic | 1174 Main St  | IP,90min,SPKR,Ch |

**Cayucos**

|         |     |                          |                      |                 |           |
|---------|-----|--------------------------|----------------------|-----------------|-----------|
| 5:30 PM | Mon | Cayucos Group            | Cayucos Group        | 396 S Ocean Ave | HY,1hr    |
| 6:30 PM | Tue | Cayucos Girlfriend's Mtg | Cayucos Group        | 396 S Ocean Ave | IP,1hr, W |
| 5:30 PM | Wed | Sandy Bottom Beach Bums  | S. Bottom Beach Bums | 10 Cayucos Dr   | IP,1hr    |

**Creston**

|         |     |              |               |                   |        |
|---------|-----|--------------|---------------|-------------------|--------|
| 5:30 PM | Wed | No Big Deals | Creston Group | 5170 O'Donovan Rd | IP,1hr |
|---------|-----|--------------|---------------|-------------------|--------|

**Grover Beach**

|          |     |                         |                |                       |        |
|----------|-----|-------------------------|----------------|-----------------------|--------|
| 5:30 PM  | Sun | Big Book Study          | Serenity Group | 555 S 13th St suite g | IP,1hr |
| 7:00 PM  | Sun | Step Study              | Serenity Group | 555 S 13th St suite g | IP,1hr |
| 6:45 AM  | Mon | Grapevine Discussion    | Serenity Group | 555 S 13th St suite g | IP,1hr |
| 12:00 PM | Mon | Open Format             | Serenity Group | 555 S 13th St suite g | IP,1hr |
| 5:30 PM  | Mon | Open Forum              | Serenity Group | 555 S 13th St suite g | IP,1hr |
| 6:45 AM  | Tue | Daily Reflections Study | Serenity Group | 555 S 13th St suite g | IP,1hr |
| 12:00 PM | Tue | As Bill Sees It         | Serenity Group | 555 S 13th St suite g | IP,1hr |

**Grover Beach (continued)**

|          |     |                            |                |                       |          |
|----------|-----|----------------------------|----------------|-----------------------|----------|
| 5:30 PM  | Tue | Daily Reflections          | Serenity Group | 555 S 13th St suite g | IP,1hr   |
| 7:00 PM  | Tue | Gentleman's Meeting        | Serenity Group | 555 S 13th St suite g | HY,1hr,C |
| 6:45 AM  | Wed | Newcomer's Meeting         | Serenity Group | 555 S 13th St suite g | IP,1hr   |
| 12:00 PM | Wed | Open Format                | Serenity Group | 555 S 13th St suite g | IP,1hr   |
| 5:00 PM  | Wed | Gryphon Men's              | Gryphon House  | 444 N 4th St          | IP,1hr   |
| 5:30 PM  | Wed | Open Format                | Serenity Group | 555 S 13th St suite g | IP,1hr   |
| 6:45 AM  | Thu | Living Sober Book Study    | Serenity Group | 555 S 13th St suite g | IP,1hr   |
| 12:00 PM | Thu | Open Format                | Serenity Group | 555 S 13th St suite g | IP,1hr   |
| 5:30 PM  | Thu | Cross Talk Format          | Serenity Group | 555 S 13th St suite g | IP,1hr   |
| 6:45 AM  | Fri | As Bill Sees It Discussion | Serenity Group | 555 S 13th St suite g | IP,1hr   |
| 12:00 PM | Fri | Open Format                | Serenity Group | 555 S 13th St suite g | IP,1hr   |
| 5:30 PM  | Fri | Big Book Study             | Serenity Group | 555 S 13th St suite g | IP,1hr   |
| 8:00 AM  | Sat | Stick Meeting              | Serenity Group | 555 S 13th St suite g | IP,1hr   |
| 12:00 PM | Sat | Literature Meeting         | Serenity Group | 555 S 13th St suite g | IP,1hr   |
| 5:30 PM  | Sat | 12x12 Step Study           | Serenity Group | 555 S 13th St suite g | IP,1hr   |

**Los Osos**

|          |     |                                |                          |                     |              |
|----------|-----|--------------------------------|--------------------------|---------------------|--------------|
| 7:00 AM  | Mon | Early Risers Big Book Study    | S. Bay Community Center  | 2180 Palisades Ave  | IP,1hr,WA    |
| 7:00 PM  | Mon | South Bay Group                | Los Osos First Baptist   | 1900 L.O. Valley Rd | IP,1hr,Ch    |
| 7:00 AM  | Tue | Early Risers - As Bill Sees It | S. Bay Community Center  | 2180 Palisades Ave  | IP,1hr       |
| 12:00 PM | Tue | Los Osos Unity                 | Trinity United Methodist | 490 L.O. Valley Rd  | IP,1hr,Ch    |
| 7:00 AM  | Wed | Early Risers Step Study        | S. Bay Community Center  | 2180 Palisades Ave  | IP,1hr,C,WA  |
| 7:00 PM  | Wed | Open Door Group                | Trinity United Methodist | 490 L.O. Valley Rd  | IP,1hr,WA,Ch |
| 7:00 AM  | Thu | Early Risers Daily Reflections | S. Bay Community Center  | 2180 Palisades Ave  | IP,1hr,WA    |
| 12:00 PM | Thu | Los Osos Unity                 | Trinity United Methodist | 490 L.O. Valley Rd  | IP,1hr,Ch    |
| 5:00 PM  | Thu | A Sense of Belonging(Women)    | St Elizabeth Ann Seton   | 2050 Palisades Ave  | IP,W,Ch      |
| 7:00 AM  | Fri | Early Risers Men's Stag        | S. Bay Community Center  | 2180 Palisades Ave  | IP,1hr, M    |
| 7:00 AM  | Sat | Early Risers Daily Reflections | S. Bay Community Center  | 2180 Palisades Ave  | IP,1hr, WA   |

**Morro Bay**

|          |     |                              |                         |                  |                |
|----------|-----|------------------------------|-------------------------|------------------|----------------|
| 7:00 AM  | Sun | Morning Fantastic            | Odd Fellows Hall        | 710 Harbor St    | HY,1hr,WA      |
| 10:30 AM | Sun | 11th Step Group              | Odd Fellows Hall        | 710 Harbor St    | IP,90min, WA   |
| 7:00 PM  | Sun | Rock Group                   | Odd Fellows Hall        | 710 Harbor St    | IP,1hr, WA     |
| 7:00 AM  | Mon | Morning Fantastic            | Odd Fellows Hall        | 710 Harbor St    | HY,1hr,WA      |
| 12:00 PM | Mon | Harbor Lites                 | Odd Fellows Hall        | 710 Harbor St    | IP,90min,WA    |
| 5:30 PM  | Mon | Harbor Lites Men Only        | Odd Fellows Hall        | 710 Harbor St    | IP,M,O,D       |
| 8:00 PM  | Mon | Morro Bay Young People       | Odd Fellows Hall        | 710 Harbor St    | IP,75min,YP,WA |
| 7:00 AM  | Tue | Morning Fantastic            | Odd Fellows Hall        | 710 Harbor St    | HY,1hr,WA      |
| 12:00 PM | Tue | Harbor Lites                 | Odd Fellows Hall        | 710 Harbor St    | IP,90min,WA    |
| 12:05 PM | Tue | Options - 12 x 12            | Calvary Lutheran Church | 480 Monterey Ave | IP,90min       |
| 5:30 PM  | Tue | Harbor Lites                 | Odd Fellows Hall        | 710 Harbor St    | IP,1hr,WA      |
| 7:00 PM  | Tue | 12X12 Step Study             | Odd Fellows Hall        | 710 Harbor St    | IP,1hr         |
| 8:00 PM  | Tue | Morro Bay Men's Stag         | Esterro Bay Methodist   | 3000 Hemlock Ave | IP,90min,M,Ch  |
| 7:00 AM  | Wed | Morning Fantastic            | Odd Fellows Hall        | 710 Harbor St    | HY,1hr,WA      |
| 12:00 PM | Wed | Harbor Lites                 | Odd Fellows Hall        | 710 Harbor St    | IP,90min,WA    |
| 12:05 PM | Wed | Options - Big Book Study     | Calvary Lutheran Church | 480 Monterey Ave | IP,90min       |
| 7:00 AM  | Thu | Morning Fantastic            | Odd Fellows Hall        | 710 Harbor St    | HY,1hr,WA      |
| 12:00 PM | Thu | Harbor Lites                 | Odd Fellows Hall        | 710 Harbor St    | IP,90min,WA    |
| 12:05 PM | Thu | Options - Daily Reflections  | Calvary Lutheran Church | 480 Monterey Ave | IP,90min       |
| 5:30 PM  | Thu | Harbor Lites                 | Odd Fellows Hall        | 710 Harbor St    | IP,1hr,WA      |
| 7:00 AM  | Fri | Morning Fantastic            | Odd Fellows Hall        | 710 Harbor St    | HY,1hr,WA      |
| 12:00 PM | Fri | Harbor Lites                 | Odd Fellows Hall        | 710 Harbor St    | IP,90min,WA    |
| 5:30 PM  | Fri | Book Study                   | Odd Fellows Hall        | 710 Harbor St    | IP,1hr, WA     |
| 7:00 AM  | Sat | Steps to Attitude Adjustment | Odd Fellows Hall        | 710 Harbor St    | IP,1hr, WA     |
| 9:30 AM  | Sat | Sat. Women's Group           | Calvary Lutheran Church | 480 Monterey Ave | IP,1hr, W      |
| 12:00 PM | Sat | Harbor Lites                 | Odd Fellows Hall        | 710 Harbor St    | IP,90min, WA   |
| 7:30 PM  | Sat | Speaker Meeting (2nd Sat)    | St. Timothy Catholic    | 962 Piney Way    | IP,90min,Ch    |

**Nipomo**

|         |     |                        |                        |                 |                |
|---------|-----|------------------------|------------------------|-----------------|----------------|
| 6:30 PM | Mon | Nipomo Foothills Group | 200 E. Dana St. Nipomo | 200 E Dana St   | IP,1hr         |
| 7:00 PM | Mon | Fuente de Fortalesa    | Fuente de Fortalesa    | 660 Cherokee Pl | IP,90min,C,SP  |
| 7:00 PM | Mon | For Fun and For Free   | New Beginnings Church  | 535 Orchard Rd  | IP,1hr         |
| 7:00 PM | Tue | Fuente de Fortalesa    | Fuente de Fortalesa    | 660 Cherokee Pl | IP,90min, C,SP |
| 7:00 PM | Wed | Fuente de Fortalesa    | Fuente de Fortalesa    | 660 Cherokee Pl | IP,90min, SP,C |
| 7:00 PM | Thu | Fuente de Fortalesa    | Fuente de Fortalesa    | 660 Cherokee Pl | IP,90min,C,SP  |
| 7:00 PM | Fri | Fuente de Fortalesa    | Fuente de Fortalesa    | 660 Cherokee Pl | IP,90min, SP,C |

**Oceano**

|          |     |                             |               |               |              |
|----------|-----|-----------------------------|---------------|---------------|--------------|
| 7:00 AM  | Sun | Village Group               | Village Group | 1687 Front St | IP,1hr       |
| 10:00 AM | Sun | Village 11th Step           | Village Group | 1687 Front St | IP,O         |
| 6:00 PM  | Sun | Village Group               | Village Group | 1687 Front St | IP,1hr       |
| 7:00 AM  | Mon | Village Group               | Village Group | 1687 Front St | IP,1hr       |
| 12:00 PM | Mon | Village Group               | Village Group | 1687 Front St | IP,1hr,C     |
| 6:00 PM  | Mon | Literature Meeting          | Village Group | 1687 Front St | IP,          |
| 7:00 AM  | Tue | Village Group               | Village Group | 1687 Front St | IP,1hr, W    |
| 12:00 PM | Tue | Village Group               | Village Group | 1687 Front St | IP,1hr       |
| 6:00 PM  | Tue | 12 x 12 Book Study          | Village Group | 1687 Front St | IP,1hr,C     |
| 7:30 PM  | Tue | Village Group               | Village Group | 1687 Front St | IP,1hr       |
| 7:00 AM  | Wed | Village Group               | Village Group | 1687 Front St | IP,1hr       |
| 12:00 PM | Wed | 12 x 12 Book Study          | Village Group | 1687 Front St | IP,1hr.C     |
| 6:00 PM  | Wed | Big Book Study              | Village Group | 1687 Front St | IP,1hr       |
| 7:00 AM  | Thu | Village Group               | Village Group | 1687 Front St | IP,1hr       |
| 12:00 PM | Thu | Dr. Bob & Good Oldtimers    | Village Group | 1687 Front St | IP,1hr.C     |
| 6:00 PM  | Thu | Newcomer's Meeting          | Village Group | 1687 Front St | IP,NC,O,1hr  |
| 8:00 PM  | Thu | Village Group               | Village Group | 1687 Front St | IP,90min, SP |
| 7:00 AM  | Fri | Village Group               | Village Group | 1687 Front St | IP,1hr       |
| 12:00 PM | Fri | As Bill Sees It             | Village Group | 1687 Front St | IP,1hr,C     |
| 6:00 PM  | Fri | Men's Stag (ladies welcome) | Village Group | 1687 Front St | IP,C         |
| 7:00 AM  | Sat | Village Group               | Village Group | 1687 Front St | IP,1hr       |
| 10:00 AM | Sat | Village Group               | Village Group | 1687 Front St | HY,1hr       |
| 7:00 PM  | Sat | 5 Cities Beach Bonfire      | Oceano, CA    | 100 Pier Ave  | IP,1hr       |

**Paso Robles**

|          |     |                    |                    |                      |              |
|----------|-----|--------------------|--------------------|----------------------|--------------|
| 8:00 AM  | Sun | A-B-C Group        | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP   |
| 8:00 AM  | Sun | Grupo Tres Lagados | Grupo Tres Lagados | 1916 Creston Rd #500 | IP,90min, SP |
| 12:00 PM | Sun | A-B-C Group        | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP   |
| 4:00 PM  | Sun | A-B-C Group        | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP   |
| 5:30 PM  | Sun | A-B-C Group        | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP   |
| 7:00 AM  | Mon | A-B-C Group        | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP   |
| 12:00 PM | Mon | A-B-C Group        | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP   |
| 5:30 PM  | Mon | 12 x 12 Book Study | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP   |
| 8:00 PM  | Mon | Grupo Tres Lagados | Grupo Tres Lagados | 1916 Creston Rd #500 | IP,90min, SP |
| 7:00 AM  | Tue | 12 x 12 Book Study | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP   |
| 12:00 PM | Tue | A-B-C Group        | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP   |
| 5:30 PM  | Tue | A-B-C Group        | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP   |
| 5:30 PM  | Tue | Sobriety Sisters   | Sobriety Sisters   | 1301 Oak St          | IP,1hr, W, C |
| 8:00 PM  | Tue | Grupo Tres Lagados | Grupo Tres Lagados | 1916 Creston Rd #500 | IP,90min,W,C |
| 7:00 AM  | Wed | A-B-C Group        | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP   |
| 12:00 PM | Wed | A-B-C Group        | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP   |
| 5:30 PM  | Wed | A-B-C Group        | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP   |
| 8:00 PM  | Wed | Grupo Tres Lagados | Grupo Tres Lagados | 1916 Creston Rd #500 | IP,90min     |
| 7:00 AM  | Thu | A-B-C Group        | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP   |
| 12:00 PM | Thu | A-B-C Group        | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP   |
| 5:30 PM  | Thu | A-B-C Group        | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP   |
| 5:30 PM  | Thu | Sobriety Sisters   | Sobriety Sisters   | 1301 Oak St          | IP,1hr, W, C |
| 8:00 PM  | Thu | Grupo Tres Lagados | Grupo Tres Lagados | 1916 Creston Rd #500 | IP,90min     |

**Paso Robles (continued)**

|          |     |                        |                    |                      |            |
|----------|-----|------------------------|--------------------|----------------------|------------|
| 7:00 AM  | Fri | A-B-C Group            | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP |
| 12:00 PM | Fri | 12 x 12 Book Study     | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP |
| 5:30 PM  | Fri | A-B-C Group            | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP |
| 8:00 PM  | Fri | Grupo Tres Lagados     | Grupo Tres Lagados | 1916 Creston Rd #500 | IP,90min   |
| 8:00 PM  | Fri | Young People's Meeting | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP |
| 8:00 AM  | Sat | A-B-C Group            | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP |
| 12:00 PM | Sat | A-B-C Group            | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr, YP |
| 7:00 PM  | Sat | Easy Does it Group     | A-B-C Group        | 1916 Creston Rd #400 | IP,1hr     |
| 8:00 PM  | Sat | Grupo Tres Lagados     | Grupo Tres Lagados | 1916 Creston Rd #500 | IP,90min   |

**San Luis Obispo**

|          |     |   |                        |                       |              |
|----------|-----|---|------------------------|-----------------------|--------------|
| 7:30 AM  | Sun | AA Grapevine Meeting                      | Alano Club             | 3075 Broad St         | IP,1hr       |
| 9:00 AM  | Sun | Melody Group                              | Melody Group (Suite F) | 265 South St F        | IP,1hr       |
| 10:00 AM | Sun | Sunday Morning Speakers                   | Middlehouse            | 2939 Augusta St       | IP,1hr,SPKR  |
| 10:15 AM | Sun | GSR Meeting (2 <sup>nd</sup> Sunday )     | Alano Club             | 3075 Broad St         | HY,1hr       |
| 12:00 PM | Sun | Pioneer Group                             | Alano Club             | 3075 Broad St         | IP,1hr       |
| 12:00 PM | Sun | Convention Planning (2 <sup>nd</sup> Sun) | Melody Group (Suite F) | 265 South St F        | IP,1hr       |
| 5:00 PM  | Sun | Laguna Lake Meeting                       | Laguna Lake Meeting    | 11245 L. O. Valley Rd | IP,1hr       |
| 5:15 PM  | Sun | Dulce Melodia                             | Melody Group (Suite F) | 265 South St F        | IP,D,O,S,WA  |
| 5:30 PM  | Sun | Pioneer Group                             | Alano Club             | 3075 Broad St         | IP,1hr       |
| 7:00 PM  | Sun | Meditation                                | Melody Group (Suite F) | 265 South St F        | IP,1hr       |
| 7:00 PM  | Sun | Sunday Eve Rap Group                      | Sunday Eve Rap Group   | 1060 Palm St          | HY,1hr,LGBTQ |
| 7:30 AM  | Mon | Sunrise Group                             | Alano Club             | 3075 Broad St         | IP,1hr,LGBTQ |
| 9:00 AM  | Mon | 12 X 12 Book Study                        | Melody Group (Suite F) | 265 South St F        | IP,1hr       |
| 12:00 PM | Mon | Pioneer Group                             | Alano Club             | 3075 Broad St         | IP,1hr       |
| 12:00 PM | Mon | Nooner in the Park                        | Meadow Park            | Meadow Park           | IP,1hr       |
| 5:30 PM  | Mon | Pioneer Group                             | Alano Club             | 3075 Broad St         | IP,1hr       |
| 5:30 PM  | Mon | Melody 5:30pm                             | Melody Group (Suite F) | 265 South St F        | IP,1hr       |
| 6:30 PM  | Mon | Double Winners-Women                      | Melody Group (Suite F) | 265 South St F        | IP,C, W, WC  |
| 7:30 AM  | Tue | Pioneer Group                             | Alano Club             | 3075 Broad St         | IP,1hr       |
| 9:00 AM  | Tue | Big Book Study                            | Melody Group (Suite F) | 265 South St F        | IP,1hr       |
| 12:00 PM | Tue | Nooner in the Park                        | Meadow Park            | Meadow Park           | IP,1hr       |
| 12:00 PM | Tue | Pioneer Group                             | Alano Club             | 3075 Broad St         | IP,1hr       |
| 4:00 PM  | Tue | Students for Recovery                     | Students for Recovery  | 1 Grand Ave           | IP,1hr       |
| 5:30 PM  | Tue | Men's Stag                                | Melody Group (Suite F) | 265 South St F        | IP,1hr       |
| 5:30 PM  | Tue | Pioneer Group                             | Alano Club             | 3075 Broad St         | IP,1hr       |
| 8:00 PM  | Tue | Big Book Study                            | Alano Club             | 3075 Broad St.        | IP,1hr       |
| 7:30 AM  | Wed | Sunrise Group                             | Alano Club             | 3075 Broad St         | IP,1hr       |
| 9:00 AM  | Wed | As Bill Sees It                           | Melody Group (Suite F) | 265 South St F        | IP,1hr       |
| 12:00 PM | Wed | Pioneer Group                             | Alano Club             | 3075 Broad St         | IP,1hr       |
| 12:00 PM | Wed | Nooner in the Park                        | Meadow Park            | Meadow Park           | IP,1hr       |
| 5:30 PM  | Wed | Pioneer Group                             | Alano Club             | 3075 Broad St         | IP,1hr       |
| 6:00 PM  | Wed | Milk and Whiskey                          | Melody Group (Suite F) | 265 South St F        | IP,1hr       |
| 6:30 PM  | Wed | Primary Purpose                           | Children's Center      | 1344 Nipomo St        | IP,1hr       |
| 7:30 PM  | Wed | Melody Group                              | Melody Group (Suite F) | 265 South St F        | IP,1hr,LGBTQ |
| 8:00 PM  | Wed | Newcomers Meeting                         | Alano Club             | 3075 Broad St         | IP,1hr, YP,C |
| 7:30 AM  | Thu | Living Sober Book Study                   | Alano Club             | 3075 Broad St         | IP,1hr       |
| 9:00 AM  | Thu | Daily Reflections                         | Melody Group (Suite F) | 265 South St F        | IP,1hr       |
| 12:00 PM | Thu | Pioneer Group                             | Alano Club             | 3075 Broad St         | IP,1hr       |
| 12:00 PM | Thu | Nooner in the Park                        | Meadow Park            | Meadow Park           | IP,1hr       |
| 5:30 PM  | Thu | Pioneer Group                             | Alano Club             | 3075 Broad St         | IP,1hr       |
| 5:30 PM  | Thu | Chip Meeting                              | Melody Group (Suite F) | 265 South St F        | IP,1hr       |
| 6:30 PM  | Thu | Middlehouse AA Book Study                 | Middlehouse            | 2939 Augusta St       | IP,1hr       |
| 7:00 PM  | Thu | Back to Basics                            | Children's Center      | 1344 Nipomo St        | IP,1hr       |
| 7:30 PM  | Thu | SLO Veterans Group                        | Alano Club             | 3075 Broad St         | IP,C         |
| 8:30 PM  | Thu | Young People in AA                        | Melody Group (Suite F) | 265 South St F        | IP,1hr       |

**San Luis Obispo (continued)**

|          |     |                               |                        |                       |               |
|----------|-----|-------------------------------|------------------------|-----------------------|---------------|
| 7:30 AM  | Fri | Sunrise Group                 | Alano Club             | 3075 Broad St         | IP,1hr,YP     |
| 9:00 AM  | Fri | Daily Reflections             | Melody Group (Suite F) | 265 South St F        | IP,1hr        |
| 12:00 PM | Fri | Nooner in the Park            | Meadow Park            | Meadow Park           | IP,1hr        |
| 12:00 PM | Fri | Pioneer Group                 | Alano Club             | 3075 Broad St         | IP,1hr        |
| 5:30 PM  | Fri | Melody Women's Meeting        | Melody Group (Suite F) | 265 South St F        | IP,1hr,W      |
| 5:30 PM  | Fri | Pioneer Group                 | Alano Club             | 3075 Broad St         | IP,1hr        |
| 7:00 PM  | Fri | Gifts of Grace Women's        | Children's Center      | 1344 Nipomo St        | IP,1hr, W     |
| 7:00 PM  | Fri | Fredrick's Fellowship Speaker | SLO United Methodist   | 1515 Fredericks St    | HY,90min,SPKR |
| 8:00 PM  | Fri | Friday Night Men's Stag       | Melody Group (Suite F) | 265 South St F        | HY,1hr        |
| 10:00 PM | Fri | City Lights-Young People      | Melody Group (Suite F) | 265 South St F        | IP,1hr        |
| 7:30 AM  | Sat | Sunrise Group                 | Alano Club             | 3075 Broad St         | IP,1hr,YP     |
| 9:00 AM  | Sat | Melody Group                  | Melody Group (Suite F) | 265 South St F        | IP,1hr        |
| 10:30 AM | Sat | Women Into Solutions          | Alano Club             | 3075 Broad St         | IP,1hr, W     |
| 11:30 AM | Sat | SLO Journey                   | Aspire                 | 865 Aerovista Pl #130 | IP,90min,Open |
| 12:00 PM | Sat | Big Book Study                | Alano Club             | 3075 Broad St         | IP,1hr        |
| 1:30 PM  | Sat | Agnostics/others Living Sober | Alano Club             | 3075 Broad St         | IP            |
| 5:30 PM  | Sat | 12 & 12 Book Study            | Alano Club             | 3075 Broad St         | IP,1hr        |
| 5:30 PM  | Sat | The Mayflower Hotel           | Melody Group (Suite F) | 265 South St F        | IP,LGBTQ+     |
| 7:00 PM  | Sat | Melody Birthday, [4th Sat]    | Melody Group (Suite F) | 265 South St F        | IP,90min,SPKR |
| 7:30 PM  | Sat | Saturday Night Live (3rd Sat) | Calvary SLO Church     | 4029 S Higuera St     | IP,90min,SPKR |
| 10:00 PM | Sat | City Lights-Young People      | Melody Group (Suite F) | 265 South St F        | IP,1hr        |

**San Miguel**

|         |     |                       |                       |             |              |
|---------|-----|-----------------------|-----------------------|-------------|--------------|
| 7:00 PM | Sun | Libertad Y Progreso   | Libertad Y Progreso   | 13th St     | IP,90min     |
| 7:00 PM | Mon | Libertad Y Progreso   | Libertad Y Progreso   | 13th St     | IP,90min,SP  |
| 7:00 PM | Tue | Libertad Y Progreso   | Libertad Y Progreso   | 13th St     | IP,90min, SP |
| 7:00 PM | Tue | Primary Purpose Group | Primary Purpose Group | 256 13th St | IP,90min, SP |
| 7:00 PM | Wed | Libertad Y Progreso   | Libertad Y Progreso   | 13th St     | IP,90min.C   |
| 7:00 PM | Thu | Big Book Study        | Libertad Y Progreso   | 13th St     | IP,90min,SP  |
| 7:00 PM | Fri | Libertad Y Progreso   | Libertad Y Progreso   | 13th St     | IP,90min, SP |
| 7:00 PM | Sat | Libertad Y Progreso   | Libertad Y Progreso   | 13th St     | IP,90min, SP |

**Santa Margarita**

|         |     |                  |               |           |           |
|---------|-----|------------------|---------------|-----------|-----------|
| 7:00 PM | Wed | Margarita Group  | Senior Center | 2210 H St | IP,1hr,   |
| 5:30 PM | Thu | Men's Happy Hour | Senior Center | 2210 H St | IP,1hr, M |

**Templeton**

|         |     |                   |                        |               |           |
|---------|-----|-------------------|------------------------|---------------|-----------|
| 5:30 PM | Mon | Spiritual Living  | Templeton Presbyterian | 610 S Main St | IP,1hr,Ch |
| 5:30 PM | Thu | Twin Cities Group | Templeton Presbyterian | 610 S Main St | IP,1hr,Ch |

## SPEAKER MEETINGS

### ROTATING CITIES SATURDAY SPEAKER MEETINGS

#### South County Speaker Meeting

First Saturday, 8:00pm,  
St. John's Lutheran Church  
959 Valley Rd., Arroyo Grande

#### Morro Bay Speaker Meeting

Second Saturday, 7:30pm,  
St. Timothy's Parish Hall  
962 Piney Way, Morro Bay

#### Saturday Night Live

Third Saturday, 7:30pm,  
Calvary SLO Church  
4029 S Higuera St, San Luis Obispo

#### Cambria Speaker Meeting

Fourth Saturday, 7:00pm,  
Santa Rosa Catholic Church  
1174 Main St., Cambria

#### LGBT and Q Thursday Speaker

Last Thursday, 6:00pm  
5 Cities Group  
781 Calle Bendita, Arroyo Grande

#### Fredericks Friday Speaker Meeting

Every Friday, 7:00pm  
United Methodist Church  
1515 Fredericks St., San Luis Obispo

#### Easy Does It Speaker Meeting

Last Saturday, 7:00pm,  
1916 Creston Rd. #400, Paso Robles

#### Middlehouse Sunday AM Speaker

Every Sunday, 10:00 am  
Coffee & pastries served at 9:30am  
939 Augusta St, San Luis Obispo

#### Sunday Night Speaker

Every Sunday, 6:00pm  
North County Connection  
8600 Atascadero Rd, Atascadero

## SERVICE MEETINGS

### H&I

Hospitals and Institutions;  
Bridging The Gap  
3<sup>rd</sup> Tuesday, 6:40pm  
Alano Club  
3075 Broad St., SLO

### SERVICE SUNDAY (2nd Sunday of the Month)

8:45am - Intergroup Central Office Rep. (COR)  
Zoom ID: 958 0124 0779 (No Password)

10:15am - 22nd District GSR  
Hybrid Meeting Alano Club, 3075 Broad St., SLO  
Zoom ID: 882 7925 8044 Password D22GSR

12:00pm - District 22 Convention Committee  
Melody, 265 South St., #F, SLO

### Regarding Central Coast Central Office Intergroup Meetings:

This meeting directory is a listing of meetings that are in-person at a physical location on the Central Coast, some of these meetings are purely in person and the status is designated as IP. Some of the in person meetings also provide a Zoom connection to the meeting and these are designated as HY for hybrid.

The remainder of our meetings are Online and these meetings are not listed here but can be found on our website (sloaa.org). Additionally, the online Zoom meeting ID and passwords for the Hybrid meetings can be found on our website.

**We need your help to keep this information current; please go to [sloaa.org](http://sloaa.org), click on your meeting link, scroll to the bottom, click on "Update Meeting Info" then fill in and submit the form.** You may alternatively fill out a meeting add/change form for any corrections to this listing.

Please send any comments to [info@sloaa.org](mailto:info@sloaa.org)