

Coast Central Office Intergroup (CCCOI) Central Office Representative (COR) Meeting 10/13/2024

Meeting held via Zoom <https://zoom.us/j/95801240779>

<i>Present</i>	<i>Name</i>	<i>Position</i>
X	Dick B	Board Chair
X	Jon K	Board Vice-Chair
X	Debbie P	Board Secretary
	Susan L	Board Treasurer
X	Lori O	Board Literature Chair
	Matt K	Board Communications Chair
	Jim D	Board Member-At-Large
	Jon O	Central Office Manager
	Open	Volunteer Coordinator
	Keri S	Newsletter Editor
	Judy G	Webservant
	Jim D	Convention

COR Members attending

<i>Present</i>	<i>Name</i>	<i>Group/Meeting</i>
X	Becky	Mesa Group
	Nancy S	Sense of Belonging
X	Paul L	Sunday Evening RAP Group
	Juliana E	Sat Women's Group
X	Katie R	Pioneer Group
	Kim S	Serenity Group
	Linda W	Home Girls BB, LO Women's
	Amy S	Fredericks Fellowship Friday Speaker
X	Lori O	Tues Living the Steps
X	Vanessa S	ABC Group
	Paul O	Avila Beach Group
X	Bob R	Early Risers
	Shelly B	Cambria Women's Big Book
X	Wayne N	5 Cities Group
	Hilario C	Morro Bay Morning Fantastic
X	Hana E	Sat Morning Women's Morro Bay
	Susan L	Harbor Lites

Call to order with our Serenity Prayer.

**Tradition Ten-** Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy

**September AA Birthdays** – Wayne N celebrated 34 years on September 19

**BOARD REPORTS**

**Chairperson:** Dick B

- Dick announced that we are looking for 2 Board Members, one being treasurer the other Communication. These are both 2 year terms with treasurer needing 2 years sobriety and communications 1 year sobriety. We also need a Volunteer Coordinator, which Dick is continuing to fill the position
- The Central Office is always looking for volunteers to staff the office 12-6p, as well as, answering phone 9a-12p.

**Vice-Chair:** Jon K

- The September GSR meeting had 14 GSR's in attendance and they all had positive input
- A Grapevine Workshop will be held 10/26/24 via Zoom
- Area 93 A.A. history event will be on 10/6/24 via Zoom
- Area 92 is developing Seniors in Sobriety to make sure seniors have access to meetings
- Jon stated that H&I facilities are opening for the unhoused. Managers would like meetings brought into the facilities
- Jeff is still working on the Data Integrity Project which keeps groups up to date
- Lisa, the ADCM is planning a Traditions Luncheon on 11/9/24 in SLO. More information to follow
- District 22 is still looking for a Registrar
- Sheryl, the Treasure talked about travel budget
- Paul, the CPC/PI is taking A.A. information out into the community
- There is a 3 Legacies Conference being held on 10/11-10/12 in Pleasant Hill, CA
- The A.A. International Convention will be held in Vancouver, Canada on 7/3-7/6/25

**Secretary:** Debbie P

- Debbie stated that she sent out the minutes for September and asked if anyone had any questions or concerns
- Hana made a motion to accept the minutes and Katie 2<sup>nd</sup>, all approved

**Treasurer:** Susan L (not present)

- Susan stated that the checkbook balance is \$21,048.91 and prudent reserve is \$16,828.92 (which is all in CD's)
- YTD group contributions are \$15,030.71. Groups will get their name on the list if they contribute any money
- Quickbooks is no longer supporting desktop versions so we needed to change to an online version and we are still having a few hiccups along the way but we'll get there
- Dick stated that we hired a bookkeeper, who's an expert on QB, to look at our online version and train Bonnie
- The benefits of going to QB online is that we can now access QB remotely and also this is an opportunity to correct asset numbers that have been accumulating over the years
- Debbie made a motion to approve the treasurers report Wayne 2<sup>nd</sup>, approved

**Literature:** Lori O

- Lori said all the shelves are stocked and we are looking good. There were some pamphlet needs but she is waiting to get a \$500 order to avoid shipping costs

**Communication:** Matt (not present)

- Dick stated that Matt is still doing the phone forwarding and there hasn't been any issues

**Member at Large:** Jim D (not present)

- Dick stated that Jim has been making Newcomer Packets

## STAFF REPORTS

**Office Manager:** Jon O (not present)

**Newsletter Editor – Keri S** (not present)

**Webservant – Judy G** (not present)

- Dick stated that Judy has been making sure that printed directories are available in the office. She also maintains the online meeting schedules
- Any questions can be sent to her at [info@sloaa.org](mailto:info@sloaa.org)

**Volunteer Coordinator:** Open

**Convention Liaison:** Jim D (not present)

## COR Members Updates

- Wayne – 5 Cities Group – Wayne said that there are lots of hybrid and in-person meetings. They are hosting a spaghetti feed and meeting on 10/27/24
- Vanessa – ABC Group Paso Robles – They are doing okay. They had a \$645 deficit last month due to the air conditioning and had to dip into their prudent reserve
- Becky – Mesa Group – Becky stated that their business meeting discussions seem to revolve around money. They barely break even. They have a 3 month operating expense as prudent reserve. There are 21 in-person meetings/week and 7 Zoom meetings which use Venmo. They will be hosting a Thanksgiving potluck with more info to come
- Paul – Sunday Evening Rap Group – They are doing fine with their small hybrid group. They stay around 15 people in attendance
- Katie – Pioneer Group – Doing really well with 3 in-person meetings/day. They need to get a new treasurer with 2 years sobriety and 1 year Pioneer membership required
- Hana – Saturday Morning Women's Morro Bay – Doesn't have much to report. They are having a business meeting next week with one of the topics being moving back to Oddfellows Hall
- Bob R – Zoomsters – They are 2 independent meetings with 1 treasurer. The in-person meetings are M-Sat at 7a with 15-20 in attendance. The Zoom meeting is 7 days a week at 7a with 30-440 people in attendance (95% live out of the area). They will be hosting their famous Holiday Party on 12/6/28 at the South Bay Community Center

Next COR meeting November 10, 2024, at 8:45am <https://zoom.us/j/95801240779>

The meeting was adjourned at 9:35 AM and closed with the Responsibility Pledge – “I am responsible, when anyone, anywhere, reaches out for help, I want the hand of AA always to be there,

and for that I am responsible”.

Respectfully Submitted,  
Debbie P

### **Numbers and Links to Share with Your Groups**

#### **Central Coast Central Office Intergroup (C.C.C.O.I.), Area 93 – District 22**

Office located at: 1333 Van Beurden Dr., Suite 102, Los Osos, CA 93402

Mailing address: PO Box 6819, Los Osos, CA 93412-6819

**Phone: 805-541-3211    Web: [www.sloaa.org](http://www.sloaa.org)**

**To Contribute to the Central Office** Our Venmo account is: @slocentraloffice If donating for a group, please put the name of group, town, and group number if available or note if it is a contribution for a birthday or personal contribution.

- **Central Coast Intergroup Website** (which includes Online AA meetings and Face to Face meetings: <https://www.sloaa.org/>)
- **Literature Sales:** CCCOI is open for literature sales from 12 Noon to 6 PM weekdays and 1PM to 4 PM Saturday. See the literature page on the website for current stock and prices at <https://www.sloaa.org/aa-literature/>
- **Nameless Newsletter** <https://www.sloaa.org/resources/nameless-newsletter/>
- **SERVICE SUNDAY – Second Sunday of each month:**
  - **COR MEETING**
    - Time: 8:45 AM
    - Link: <https://zoom.us/j/95801240779>
    - Meeting ID: 958 0124 0779
    - Password: No Password
  - **DISTRICT 22 COMMITTEE** (GSR Meetings)
    - Time: 10:15 AM
    - Link: <https://us02web.zoom.us/j/89303926186?pwd=TII3OHdGNWIIZXhvM2RQM0FiR2dLUT09>
    - Meeting ID: 882 792 580 44
    - Password: d22gsr
    - In person at the SLO Alano Club, 3075 Broad St., SLO, 93401
  - **DISTRICT 22 CONVENTION PLANNING**
    - Time: 12 Noon
    - Meetings are no longer on Zoom, they are meeting at the Melody Group 265 South St., Suite F, San Luis Obispo, 93401